"SUNSHINE" TOKMAN

Introduction

Please take a moment to silence your phones, however you are all welcome to leave them on to take pictures and post on social media using the hashtags #ntsunshine and #becomeyourcaptain.

Our speaker today is Nick "Sunshine" Tokman, four-year cast member as seen on Discovery Channel's Emmy-Winning show "Deadliest Catch."

While crab fishing in the Bering Sea, he worked over 20 hour days wrestling 800 pound crab pots in 20-35 foot waves and freezing conditions.

Always positive and cracking jokes, "Sunshine" landed on the very boat he saw on tv that inspired him to go crab fishing, the Northwestern.

Today, he tours the country speaking at schools, career-technical and student leadership organizations.

He has been featured in many publications including NBC, ABC and over 100 radio stations. He also broke a toilet on national television and has a cat named Princess.

We are thrilled to have him with us here today, so please give a very warm welcome to

Nick "Sunshine" Tokman

